

Happy Fall

City of Perth Amboy, Department of Human Services, Office on Aging
Offering Support, Friendship and Wellness

Scheduled Events and Activities for

732-826-1690, Ext. 4307 & 4326



NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>** November LOL... LOL... LOL... Q. Who is never hungry on Thanksgiving? A. The Turkey because he is already stuffed!</p> <p>Q. What happened to the turkey that got into a fight? A. He got the stuffing knocked out of him !</p>			<p>10:00 a.m. to 12:00 p.m. Eye screening w/ Lou Sevilla </p> <p>10:00 a.m. Tai Chi w - Basha </p> <p>1:00 p.m. BINGO</p>	<p>10:30 a.m. FLEA MARKET </p> <p>1:00 p.m. BINGO! </p>
<p>10:45 a.m. Informational Presentation Horizon Blue Cross Blue Shield of New Jersey</p> <p>1:00 p.m. BINGO</p>	<p>CLOSED</p> <p>Election Day</p> <p>** No M/C Congregate Meals **</p>	<p>10:30 a.m. Music by Walt Skarbek </p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN ***</p> <p>10:30 a.m. Tai - Chi - Basha 10:30 a.m. Fun day in the Farm ... Hay rides/ Additional Charge Pumpkin Picking & L.O.Y.O 1:00 p.m. Bingo</p>	<p>NO FLEAMARKET 12:00 p.m. Senior Advisory Meeting</p> <p>1:00 p.m. Bingo</p>
<p>*** CLOSED ***</p> <p>THANK YOU VETERANS Veterans Day - November 11</p>	<p>10:30 a.m. Exercise w/ Greg Healthy Body !!! 1:00 p.m. BINGO</p>	<p>10:45 a.m. Hearing Impaired? ... Explore your options with 1:00 p.m. BINGO</p>	<p>*** SIGN IN ***</p> <p>10:30 a.m. Tai - Chi w - Basha 12:00 p.m. 1:00 p.m. Bingo</p>	<p>NO FLEAMARKET 10:45 a.m. Informational Presentation 1:00 p.m. to 3:00 p.m. and Thanksgiving BINGO sponsored by </p>
<p>10:45 a.m. Middlesex County Nutritionist Elizabeth Hui ** Have a Health/ Nutrition Related Question? ** 1:00 p.m. BINGO </p>	<p>*** SIGN IN ***</p> <p>10:00 a.m. SHOPPING & L.O.Y.O. JERSEY GARDENS 10:30 a.m. Exercise w/ Greg 1:00 p.m. BINGO!</p>	<p>*** SIGN IN ***</p> <p>Let us live "w/ win one another"</p> <p>11:00 a.m. Thanksgiving Luncheon ** MUSIC - RAFFLES - FOOD ** ** Registered Seniors Only **</p>	<p>*** CLOSED ***</p> <p>HAPPY Thanksgiving </p>	<p>*** CLOSED ***</p>
<p>10:45 a.m. Informational Presentation in healthcare 1:00 p.m. BINGO</p>	<p>*** SIGN IN ***</p> <p>10:30 a.m. Exercise w/ Greg HAPPY BIRTHDAY !! 11:30 a.m. Birthday Bash 1:00 p.m. BINGO </p>	<p>*AWAY*- Breakers vs Sharks* 9:00 a.m. Board Games & Dominoes 1:00 p.m. BINGO</p>	<p>10:30 a.m. Tai - Chi w - Basha 12:00 p.m. 1:00 p.m. Bingo</p>	<p>*** SIGN IN ***</p> <p>10:30 a.m. FLEA MARKET 11:30 a.m. L.O.Y.O 1:00 p.m. BINGO </p>

