

City of Perth Amboy, Department of Human Services,
Office on Aging, Offering Support, Friendship and Wellness
732-826-1690 - Ext. 4307 & 4325 (visit us at [facebook](#))

June

Schedule of Events and Activities for

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*** SIGN IN *** 4</p> <p>11:00 a.m. WELLNESS PROGRAM It's HEALTHY SMOOTHIE Time! For a Healthy Summer !!!</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 5</p> <p>Olive St. Senior Recreation Closed</p> <p>ELECTION DAY</p> <p>12:00 p.m. BINGO</p>	<p>*AWAY Longshots vs Breakers* 6</p> <p>9:00 a.m. Board Games & Dominoes</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 7</p> <p>9:30 a.m. EYE SCREENING BY LOU SEVILLA</p> <p>10:00 a.m. Farmers' Market Vouchers Distribution <i>With Completed Application and ID - ONLY</i></p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 8</p> <p>9:30 a.m. FLEA MARKET</p> <p>11:15 a.m. L.O.Y.O MEXICAN TIERRA AZTECA</p> <p>1:00 p.m. BINGO</p>
<p>*** SIGN IN *** 11</p> <p>9:00 a.m. BOARD GAMES & DOMINOES</p> <p>10:00 a.m. ** SIGN IN **</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 12</p> <p>10:30 a.m. EXERCISE W/ GREG</p> <p>12:00 p.m. BINGO</p>	<p>*** SIGN IN *** 13</p> <p>HAPPY FATHER'S DAY</p> <p>10:30 a.m. Continental Breakfast</p> <p>10:30 a.m. Music by Walt Skarbek</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 14</p> <p>9:30 a.m. Billiard Tournament POPS VS COPS</p> <p>12:00 p.m. BINGO</p>	<p>*** SIGN IN *** 15</p> <p>10:00 a.m. FLEAMARKET</p> <p>1:00 p.m. Bingo BERGENPAC SAT. JUNE 16 TH AT 6:30 P.M. LIMITED TICKETS</p>
<p>*** SIGN IN *** 18</p> <p>10:00 a.m. to 12:00 p.m. MINI HEALTH FAIR Hackensack Meridian Health</p> <p>*WELLNESS SCREENING *DERMA SCAN *HEALTH INFO</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 19</p> <p>10:30 a.m. Exercise w/ Greg</p> <p>12:00 p.m. BINGO</p>	<p>*** SIGN IN *** 20</p> <p>10:00 a.m. Arts and Craft w/ Jackie</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN *** 21</p> <p>9:00 a.m. Board Games and Dominoes</p> <p>12:00 a.m. ** First Day of Summer ** Ice Cream Sundae YUMMM !!!</p> <p>1:00 p.m. Bingo</p>	<p>*** SIGN IN *** 22</p> <p>9:00 a.m. FLEA MARKET</p> <p>9:30 a.m. Jersey Gardens & L.O.Y.O</p> <p>1:00 p.m. BINGO</p>
<p>*** SIGN IN *** 25</p> <p>10:30 a.m. Middlesex County Nutritionist Elizabeth Hui</p> <p>** Have a health/ Nutrition Related Question? **</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 26</p> <p>10:30 a.m. EXERCISE W/ GREG</p> <p>11:30 a.m. BIRTHDAY BASH</p> <p>12:00 p.m. Rita's Italian Ice</p> <p>12:00 p.m. Bingo</p>	<p>*** SIGN IN *** 27</p> <p>10:00 a.m. Arts and Crafts w/Jackie</p> <p>1:00 p.m. Bingo</p>	<p>*** SIGN IN *** 28</p> <p>9:30 a.m. COLUMBUS FLEA MARKET & L.O.Y.O</p> <p>Welcome! Columbus Farmers Market Established in 1929</p> <p>10:30 a.m. TAI CHI - BASHA</p> <p>1:00 p.m. BINGO</p>	<p>*** SIGN IN *** 29</p> <p>10:00 a.m. FLEA MARKET</p> <p>1:00 p.m. BINGO</p>