



November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November is: Alzheimer's Disease Awareness Month		For more information or to register for our free programs Call us at (732) 324-2180 For adults 55 and older		1	2	3
4	5	6 Stress Management 12pm—1:30pm 149 Kearny Ave	7	8 Movie Day 10am—12pm 149 Kearny Ave	9	10
11 Veterans Day Office Closed	12	13	14 11:00am—12:30pm 149 Kearny Ave	15	16	17
18	19	20	21	22 <i>Happy Thanksgiving</i>	23 Admin Day Office Closed	24
25 American Diabetes Awareness Month	26	27 11:00am—12:30pm 149 Kearny Ave	28 LOVE life & DIY 10am—12pm 500 Dobranski Dr.	29	30	November is Lung Cancer Awareness Month



Silver Linings
149 Kearny Ave
Perth Amboy, NJ 08861
Tel: 732-324-2180
Fax: 732-324-0256

Hours of Operation
Monday—Friday
9:00am—5:00pm
Closed 1pm—2pm



LOVE life & DIY

DIY – Do It Yourself
are workshops and activities that give you the opportunity to be creative and save money at the same time.



For transportation to the Social Security Office please call us at 732-324-2180 for more information.



Silver Linings is partnering with WellCare on Mondays to provide information about WellCare's Medicare Advantage coverage including eligibility, benefits and more. Please call us for an appointment at 732-324-2180.



Noviembre 2018



Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
 Mes de la enfermedad Alzheimer		Programas gratuitos para adultos 55 años y mayores. Para mas información y para registrarse a los Llaman al (732) 324-2180		1 	2 	3
4 	5 	6  Manejo Del Estrés 12pm–1:30pm 149 Kearny Ave	7 	8 Día De Cine  10am–12pm 149 Kearny Ave	9	10 
11 Veterans Day	12 Oficina Cerrada	13	14  11:00am–12:30pm 149 Kearny Ave	15 	16 	17 
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DIY – Son talleres y actividades que le dan la oportunidad de ser creativos y ahorrar dinero al mismo tiempo.



Para el transporte a la Oficina de Seguro Social, llámenos al 732-324-2180 para obtener más



Silver Linings se asocia con WellCare los lunes para brindar información sobre la cobertura de Medicare Advantage de WellCare, que incluye elegibilidad, beneficios y más.

Por favor llámenos para una cita al 732-324-2180.